

Occupational Therapy Symptom Checklist

for Infants to Pre-K

All children exhibit some of the following difficulties at times. It is important to separate the occasional concerns from the persistent concerns and not worry about an isolated incident, which may be insignificant for the child as a whole.

Infants

Trouble with nursing and sucking or digesting

Resistance to cuddling and body contact

Cries with car rides or needs excessive movement to calm or fall asleep

Excessive crying and irritability

Lack of response to sounds; excessive response to sounds

Trouble following movements with eyes

Absence of creeping or crawling

Delay in sitting, standing or walking

Delay in learning to talk

Pre-School Years

Inability to follow directions

Impulsive and uncontrolled behavior

Can't sit still in circle time

Constant fidgeting, shifting body weight or lying on the floor vs. sitting upright

Poor sense of rhythm; uneven walk

Fear of swings and slides, or excessive craving for this type of intense movement

Plays rough with others; heavy hands vs. gentle hands with people or toys

Frequent falls and tendency to bump into things

Purposeless hyperactivity

Unusual quietness and inactivity

Excessive craving for sweets

Poor eating habits or coordination/control to eat

Constant interruption and persistent talking

Excessive repetition in speaking

Tendency to be fearless, climbing counters and large playground equipment with no concern for safety

Difficulty copying lines and basic shapes

Difficulty with shape sorters/12-piece puzzles

Biting or licking non-food items.

Please contact our office staff if you have concerns about your child's abilities and/or overall performance. We would be happy to assist you in determining if an occupational therapy evaluation is necessary.

